

Liban Tests Editions - LTE - since 2004...


Online workshop - June 2021



PEETK
Psycho emotional
evaluation &
Therapeutic Kit

Workshop

Online - 10, 11, 12 June 2021



Liban Tests Editions
L.T.E.
2021

Emotional disturbance and anger control

How to help teens express their emotions, understand their feelings, and find techniques to control them

This workshop includes :

General information about teens affective development, difficulties in understanding and expressing feelings, type of personalities...

- Expressing emotions. How, when, in what way... to avoid misunderstanding and violent reactions.
- Emotional disturbance. Causes and consequences.
- Anxiety and Anger. Violent reactions (verbal and non-verbal), angry thoughts, impulsivity, ...


Material provided:

- Therapist guide
- Behavior checklist
- Sample of :
 - Depression Scale (MDI-C)
 - Anxiety scale (R-CMAS)
 - Disturbance scale (scales for assessing emotional disturbance-2)

Trainer:
Viviane Matar Touma,
PhD, Clinical psychologist
an analytic therapist

Online workshop
10 & 11 June 2021
From 15h00 till 18h00
12 June 2021
From 9h00 till 12h00

850,000LL
With certificate of attendance



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